

WATER NIGHT



Saving water at Home

Do you know how many times a day you use water? Well, Water Night is the perfect opportunity for you to find out. You are sure to discover you use water a lot more than you thought. Sign up your household at www.waternight.com.au and discover how addicted you are to your taps. In the meantime check out these helpful tips.



Bathroom

- Shorter showers save water and energy. Limit time spent in the shower to soap up, wash down, and rinse off.
- Use a shower timer. Choose from a manual 4-minute egg timer or an electronic timer.
- Avoid rinsing your razor under a running tap, instead fill the basin with a little warm water.
- Shave your legs before taking a shower, then use the shower water to rinse off.
- Adding cold water to cool very hot water is a waste. So, make sure your hot water system thermostat is not set too high - ideally no higher than 60°C.

Toilets

- Buy a dual flush toilet with a four-star water efficiency rating. These toilets use just 4.5 litres for a full flush and 3 litres for a half flush.
- Old toilets use around 18 litres per flush, so put a water filled plastic bottle or a brick into your cistern to reduce the water used.

WATER NIGHT

Thursday 22nd October 2020

See if your household can avoid using taps (aside from washing hands of course) and survive with one bucket of water from 5pm to 5am.

Sign up at www.waternight.com.au to improve your water mindfulness

Taps

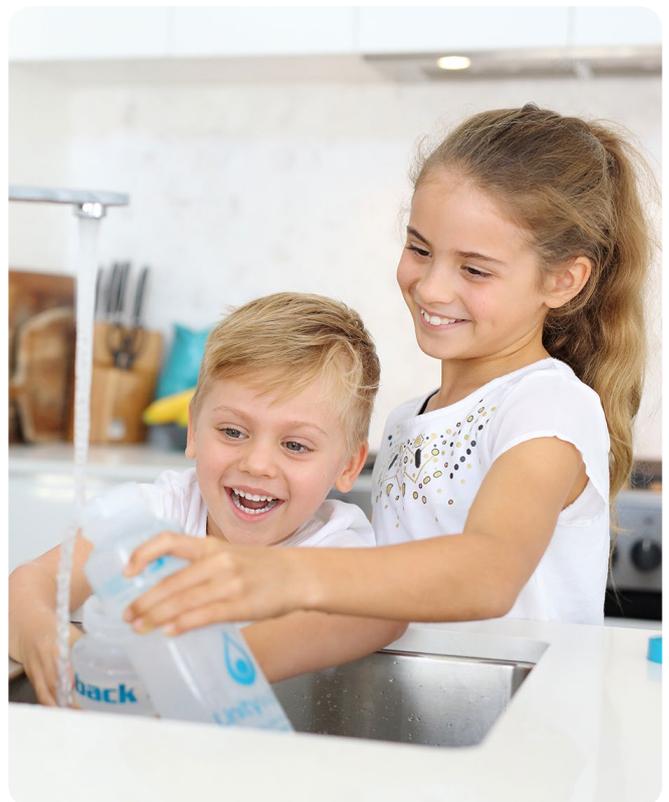
- 💧 A running tap uses about 16 litres of water per minute so turn off the tap when brushing your teeth and wet your brush and use a glass for rinsing.
- 💧 A dripping tap can waste up to 12,000 litres a year. So if your tap is dripping get it fixed.

Kitchen

- 💧 Don't rinse dishes under a running tap. If you have two sinks, fill the second one with rinsing water. If you have only one sink, stack washed dishes in a dish rack and rinse them with a pan of hot water.
- 💧 When boiling vegetables, use enough water to cover them and keep the lid on the saucepan. Your vegetables will boil quicker and maintain precious vitamins in the food.
- 💧 Garbage-disposal units use about 6 litres of water per day. Put suitable food scraps into a composter or worm farm rather than down the kitchen sink.
- 💧 The dishwasher is the highest consumer of water in the kitchen. Install a water efficient model and save water and money.
- 💧 Only run your dishwasher when it's full.

Pets

- 💧 When bathing your pets, run a shallower bath than you would for yourself.
- 💧 When cleaning the fish tank, use the 'old' nitrogen, phosphorous-rich water on your plants.



Watch the 'How to' video guides on our Smart WaterMark YouTube channel



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Taps

💧 A running tap uses about 16 litres of water per minute. A dripping tap can waste up to 12,000 litres a year! That's a lot of water, so if your tap is dripping in your kitchen or bathroom at work report it to the person responsible.

Toilets

💧 A continuously running toilet can waste up to 96,000 litres of water per year, yet toilet leaks often go unnoticed as the water trickles down the back of the bowl.

💧 If you want to check your toilets for leaks, follow these simple steps:

1. Remove the lid of your toilet cistern.
2. Place a few drops of food dye into the cistern.
3. Do not flush your toilet for 10-15 minutes.
4. If the dye has seeped down into the bowl when you return, then you know you have a leak.



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Bathroom Waste

- Encourage your colleagues and clients not to use your toilet as a bin.
- Feminine hygiene products, food waste, baby wipes and goldfish should go in the bin. Flushing these down the toilet wastes water and places additional strain on the sewerage system.



Drinking Water

- Choose tap water over bottled water.
- Use a bottle or jug and store tap water in the fridge until it is cool enough to drink.
- Although one exact quantity of water doesn't fit everyone, as a general guide aim to drink 2lts a day especially if you work in a hot or air conditioned office.



Feeling Good

- Adopting water efficient practices in your business can save water and money but it can also make employees and clients proud to be affiliated with your organisation.



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