



Stay COVID Safe on

WATER NIGHT

It is very important that your household continues to use your taps for washing hands and staying COVID safe during Water Night.

Keep a set of taps free of any barriers such as tap guardians, tape and tea towels, so that you can wash your hands before meals, after toileting and when you come in from outside the house in keeping with COVID guidelines.

As a community, we have spent months reminding ourselves (and demonstrating to kids) how to wash our hands regularly. The last thing we want to do is undo all the great work done to keep our family and friends clean and safe. Instead we want to use this opportunity to increase their water knowledge and behaviour.

Our research shows that with every younger generation, parents are talking less about the value of water and how to use it, resulting in youths taking tap water for granted and being less water efficient.

Water Night is meant to help all members of your household face their water-using auto-pilot. Young or old, this will be a great opportunity to see just how often we reach for the taps in one night and how unnecessary much of it is.

We reach to rinse cloths and dirty pots, to boil veggies or pasta, to wipe a child's face, to fill a kettle, to wipe a surface, water a plant, for a glass of water and a million other things - without giving it a second thought.

COVID has made people think about the importance of hand hygiene and even about the times they touch their faces. So much so that we have seen significant decline in viruses like flu and the common cold nationwide.

Even those people who already practiced great hygiene have been reminded making them acutely more aware of its value.

Challenging households to manage without taps for the night will help them see how mindlessly they reach for the tap. When they turn off their water-using autopilot they will start to value the tap water they rely on and want to use it better.

COVID will pass, but the behaviours we learn now will lead to a far healthier future in more ways than one.

WATER NIGHT

Thursday 21st October 2021

See if your household can avoid using taps and survive without running water from 12pm to 12am.

Sign up at www.waternight.com.au to improve your water mindfulness

Questions and Answers

a) **Coronavirus: What is Water Night doing about COVID-19?**

We are encouraging all participants to continue to use their taps for handwashing and religious purposes. Under no circumstances are you not to adhere to COVID-19 hygiene protocols during Water Night

b) **Do I have to go without running water for the whole night?**

It would be awesome if you could try to go without running water between 12pm and 12am for anything other than hand washing and religious purposes. Of course, if you feel you need to use taps or showers that is your prerogative.

c) **Can I flush my toilet?**

Absolutely, we would love it if you were to reduce the amount of times you flushed in the evening maybe limiting flushes to poo alone or holding back from night time flushing but again that is completely your prerogative.

d) **Can I wash my hands to stay safe from Covid-19?**

Absolutely yes and you should feel 100% comfortable to be using your taps for this and for any religious purposes.

e) **How do I keep water clean and safe for drinking?**

We are encouraging households to fill water bottles for drinking and storing them in the fridge before the event starts.

f) **How should I use water in my bucket?**

We suggest you use a bowl or a ladle to remove water from your bucket/container rather than putting your hands in to it so as not to contaminate the water you have. You can take the water you need from the bucket and use it for cleaning, bathing and anything else aside from drinking.

g) **Can I drink the water from my bucket/container?**

No, we would advise against this. Prepare drinking water before the event and fill kettles and coffee makers beforehand so you are prepared.

h) **How can I make sure my Water Night event is safe?**

Have a good read of the things to do and avoid in the frequently asked questions and terms and conditions found at www.waternight.com.au/frequently-asked-questions.



WATER NIGHT

Sign up at www.waternight.com.au

Brought to you by

